



10K CRASH COURSE FOR BEGINNERS BOOKING FORM 2008

Please complete and return along with your cheque to:
The Physical & Outdoor Team, Culture and Sport Glasgow, 20 Trongate, Glasgow G1 5ES.
Or call 0141 287 5079 for further information.

Name _____

Address _____

Post Code _____

Phone _____

e-mail _____

Please tick appropriate box for the course of your choice.

COURSE 1
Gorbals Leisure Centre

COURSE 2
Springburn Leisure Centre

COURSE 3
Holyrood Sports Centre

COURSE 4
North Woodside Leisure Centre

COURSE 5
The Bridge Easterhouse

COURSE 6
Bellahouston Leisure Centre

COURSE 7
Tollcross Park Leisure Centre

COURSE 8
Scotstoun Leisure Centre

COURSE 9
Kelvin Hall International Sports Centre

COURSE 10
Sir John Maxwell School

- All Courses must be pre-booked and paid for in advance.
 - Please make cheques or postal orders made payable to Culture and Sport Glasgow.
 - Should any course not attract sufficient numbers, we reserve the right to cancel with a minimum of 24 hours notice.
 - Refunds will not be given unless one full week's notice is given prior to the start.
- Your details are kept on our database. Tick the box if you do not wish to receive future Jogging material